



☐ Donate coats, gloves and scarves ☐ Send handwritten thank you notes for	Carry extra hand warmers to give to someone who needs them	☐ Encourage your classmates to spread kindness in your school
holiday presents Tell a community helper "Happy New Year"	☐ Shovel or clear leaves out of a neighbors driveway	☐ Make fleece tie blankets and donate them to an organization in need
(mail carriers, trash collectors, police officers, firefighters, teachers, coaches, etc.)	☐ Draw a picture or write a note for someone you miss	☐ Make blessing bags with winter supplies for people who are experiencing homelessness
☐ Make 3 goals to be kinder this year	☐ Take hot chocolate to your crossing guard	Collect items to recycle
☐ Share a feel-good playlist	or mail carrier	☐ Volunteer at the Booker T. Washington
☐ Write an encouraging letter to yourself to	Offer to babysit for a neighbor or friend	Community Garden
open this time next year	Read a book as a family about kindness	☐ Deliver homemade soup
☐ Volunteer on MLK Day	☐ Bring breakfast to your teacher	☐ Make a family trip to your local shelter to
☐ Make someone coffee or tea	☐ Volunteer for a Meals on Wheels route as a	walk and play with the animals
☐ Help a friend clean	family	☐ Have a bake sale and donate all the earnings
☐ Make a "Be Kind" poster to display	☐ Plan a family dinner	to a local non-profit
	☐ Do a chore for someone in your family	☐ Take an extra box of tissues, wipes or hand sanitizer to school





